



# Ayahuasca Assisted Therapy Facilitator Training

*Join the new generation of healers!*

The first and only available Training focused on Ayahuasca Integration,  
curated for people in the West

**2024**

This training is for people who have a personal relationship with the Mother Ayahuasca and feel called to assist others in their Ayahuasca preparation/integration process.

[www.avatarhealingarts.com](http://www.avatarhealingarts.com)



## Message from Nina

Psychedelic integration is a rapidly growing field around the world with limited providers.

The few existing Training programs don't require a personal psychedelic experience and are mostly available for licensed therapists or medical professionals.

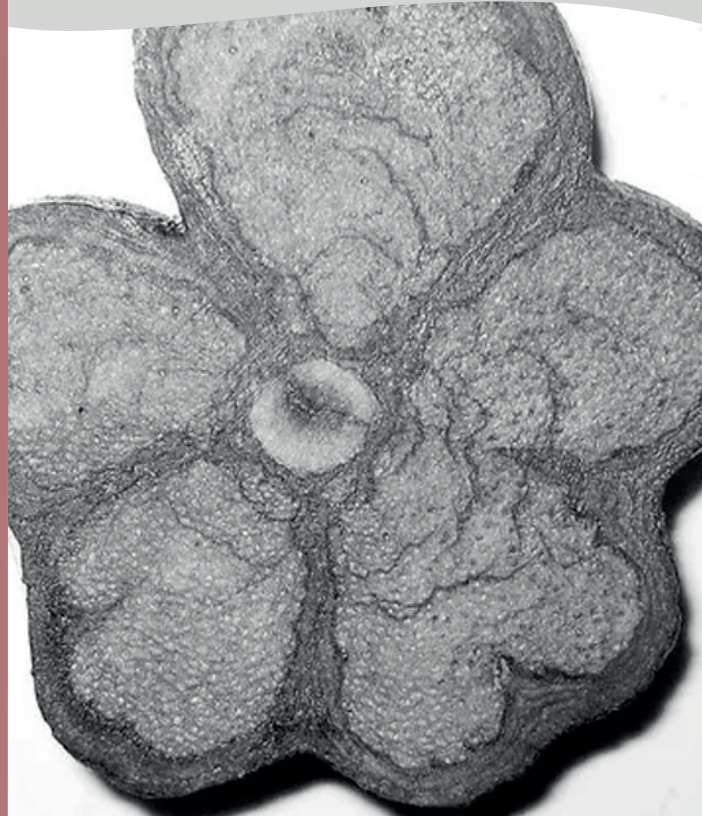
I believe that it's vital for an integration facilitator to have first hand experience with the Mother Ayahuasca and deep personal integration work.

We created this training to provide you with a deep immersion experience and a practical framework that works in real life and that not only changed my life also but many of my clients as outlined in my book: Heart Medicine, Ayahuasca Assisted Therapy and the Integration Process.

A new frontier in medicine, psychedelic breakthrough therapies are on the rise with main interest on the powerful Ayahuasca and her healing potential. Still without integration many eventually fall back to their old habits and struggles. In this Training you will learn how to create a safe, ethical and professional container where deep integration and healing can happen that will last over time.

### START A NEW CAREER IN PSYCHEDELIC BREAKTHROUGH THERAPY

[APPLY NOW](#)



## What is psychedelic integration?

Ayahuasca and other plants of power have the ability to catalyze deep healing processes but you have to actively participate in your journey if you want to harness that. Integration is a period of time after your psychedelic experience and it is the longest part of your healing journey that deserves special attention. This is the time when you make sense out of your experience, apply what you learnt and embody the changes in your everyday life experience. Without this vital piece most changes remain temporary.

The legal access and the promise of psychedelic breakthrough therapies resulted a rapidly growing number of people looking for psychedelic healing retreats and programs. Integration support is more widely acknowledged and an exponentially growing field with limited providers. Education and experience is vital to provide professional integration support.

This Training ensures that you receive the Gold Standard of both!

## This training

You can only take your clients as deep as you have gone.

This unique Training program will provide you with the necessary experience, tools and methodologies to feel confident and equipped to support others with their Ayahuasca integration journey.

- Blending transpersonal psychology, holistic healing and psychedelic shamanism
- A practical approach based on a proven framework that works in real life outlined in Nina's book
- Online curriculum based on our Code of Ethics
- 350+ hrs of live training (via zoom) over the period of 1 year and 3 months
- Includes a 5 week personal immersion experience in Mexico
- Available to non-medical professionals
- Best value for money, introductory price 15.000 USD (Full price of 22.000)

**BOOK A  
DISCOVERY CALL NOW!**



This Training will provide you with not only a certificate but a first hand experience and confidence to be a professional and ethical Ayahuasca integration facilitator.

- The only training focused on Ayahuasca integration
- Practical learning through personal experience
- Includes a 5 week residential retreat in Mexico
- Multidisciplinary approach
- Based on our code of ethics
- Proven framework that works in real life
- Accessible for non medical professionals

**HOW IS THIS TRAINING  
DIFFERENT?**

## Who is this training for?

This training is for people who who have a personal relationship with the Mother Ayahuasca and feel called to assist others with their Ayahuasca integration process.

- Therapists, healers, coaches who want to incorporate plant medicine integration into practice
- People in the psychedelic field who want to deepen their understanding of plant medicine work (ceremonial space holders, retreat owners, event organizers etc.)
- Therapists currently working in psychedelic therapy (Ketamine, MDMA, Psilocybin) and would like to expand their practice to include Ayahuasca integration
- Medical professionals looking for training outside of the western medical system to expand their perspective and gain personal experience

**Do you feel called to step on this path of service and join the new generation of healers?**

## Meet the teachers



**Bonnie Divina Maa**  
Assistant Teacher

*"Remember who you are"*

Owner of Energy Medicine, Advanced Kambo Practitioner, Ceremonialist, Ascension and Integration Specialist



**Nina Izel**  
Teacher

*"You are the Healer and Love is the medicine"*

Teacher, healer, space holder, author, spiritual midwife, founder of Avatar Healing Arts, creator of Ayahuasca Assisted Therapy framework.



**Anna Waterbird**  
Assistant Teacher

*"The real ceremony starts after, when we take everything we worked on and apply it to our lives."*

Mother, healer, space holder, founder of Ometeotl Intentional Community in Costa Rica, member of the Native American Church.



Are you 'called' to work  
with the mother ayahuasca?

Do you want to support others  
on their ayahuasca  
integration journey?

Are you interested to start a new career in psychedelic therapy?  
This Training might be the right fit for you....

Sign up for our next Training info call! or  
get in touch for a personal discovery call!

#### Note

This Training is NOT a ceremony facilitation course. If you are looking for a training to serve the Ayahuasca or other plant medicines in a ceremonial context we recommend to go to South America to learn directly from the traditional wisdom keepers of the medicine.

#### Disclaimer

Ayahuasca and DMT are potentially illegal substances. We do not encourage or condone the use of these substances where it is against the law. However, we accept that illegal substance use occurs, and believe that offering responsible harm reduction information is imperative to keeping people safe. For that reason, this content is to ensure the safety of those who decide to work with the Mother Ayahuasca. We do not encourage using this substance outside of a legal or traditional context.

## Date Time & Location

300 + hours of training (small group setting, max. 12 people)

### 1. Preparation (set & setting)

- 10 April – 26 June 2024 • Weekly online classes via zoom (90 min)
- Wednesdays 4pm EST • 12 classes, 18 hrs

### 2. Immersion retreat in Mexico

- 9 July – 13 August • 180 hrs, 5 weeks

### 3. The Integration Process

- 21 August 2024 – 13 July 2025 • Weekly online classes via zoom (90 min)
- Wednesdays 4pm EST • 48 classes, 72 hrs • study groups 36 hrs

## Our framework

This Training will take you through the 4 levels of responsible preparation and integration of Ayahuasca Assisted Therapy. You will explore different models, tool and technologies for healing and expanding awareness on each level.

**Book a discovery call now!**

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## LEVEL 1

### Healing the physical body

## “Your body as your ally”

Focus is on: physical healing and purification.

On this level You will explore holistic, natural ways to create new healthy habits and to support the body to return to its optimal function.

You will learn how to prepare the body to support deeper healing work. Honoring the body as an ally and treating it with love and respect helps to ground into our physical container.

## Tools & Technologies

- Body cleanse
- Detoxification systems
- Diet-nutrition, hydration
- Movement medicine
- Qi-gong, yoga therapy
- Breath work
- Somatic experiencing
- Sound healing
- Tension and trauma release exercises

Are you ready to join the  
new generation of healers?



## LEVEL 2

### Healing the emotional body

## “Reclaiming your right to feel”

Focus is on: emotional healing and purification.

On this level you will explore practical ways to release suppressed emotions and facilitates healthy emotional expression and connection.

You will learn how to identify emotional triggers and let go of emotional tension. Embracing your emotional nature will allow you to access your intuitive guidance and make better life decisions.

## Tools & Technologies

- Trauma healing
- Inner child work
- Emotional release techniques
- Movement medicine
- Sacred voice work
- Emotional intelligence
- Following intuitive guidance
- Healing the family lineage
- Breath work, bodywork

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## LEVEL 3

### Healing the mental body

## “Clear your mind”

Focus is on: mental healing and purification.

On this level you will explore proven techniques that facilitate a deep exploration off your mind, both conscious and unconscious.

You will learn how to identify and transform limiting beliefs and shift your perception. Using your mind with conscious awareness as a powerful tool will assist you to access your higher mind and to transcend the Ego.

## Tools & Technologies

- Transpersonal psychology
- Compassionate inquiry (Dr. Gabor Mate)
- Shadow work
- The Dark night of the Soul
- Mindfulness, meditation
- Rewriting your story
- The work (Byron Katie)
- The hero's journey (Campbell)
- From fear to love  
(The course in miracles)

Are you ready to join the  
new generation of healers?



## LEVEL 4

### Spiritual reconnection

## “I am divine”

Focus is on: embracing your spiritual nature.

On this level you will explore the Native American medicine wheel and the Four Altars as a road map for reaching higher states of consciousness.

You will learn how to create your own powerful prayers and rituals to embody the sacred in your life and to step into your power as a Divine Creator.

## Tools & Technologies

- Shamanic practices
- Why awakening is a destructive process
- The native American Medicine
- Wheel and the Four Altars (Alonso del Rio)
- Earth practices
- Prayers, rituals, ceremonies
- Working with the 4 elements
- Universal cycles and rhythms (The Mayan Calendar)

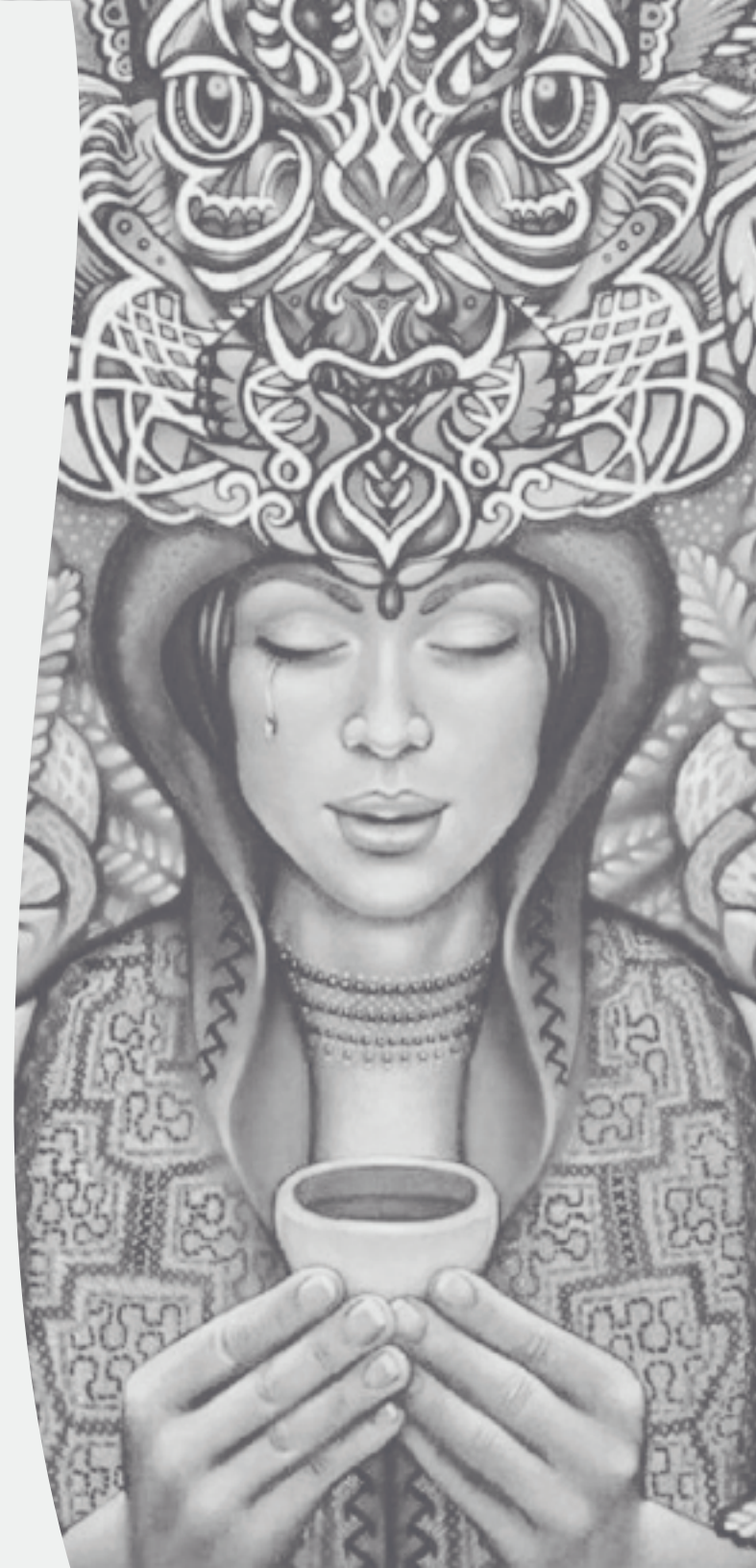
Are you ready to join the  
new generation of healers?

# Curriculum

In this Training you will explore the following topics in an embodied way throughout your personal journey.

You will learn how to work with material that arises in the Ayahuasca integration process. Using this framework and tool box will allow you to support your clients to maximize their healing potential.

- Universal law of transformation, The Native American Medicine Wheel, The four Altars, roadmaps to navigate different states of consciousness
- Transpersonal psychology, the development of personality and childhood conditioning
- Programming, indoctrination, social engineering and their effect on human behavior
- The Multidimensional Self of body, mind, heart and spirit
- The 3 waves and 4 levels of Ayahuasca Integration
- Trauma healing, Shadow work, Inner child healing, Ancestral healing
- The nature of the mind and the hierarchy of beliefs
- The difference between service and self sacrifice
- Self sabotage and self punishment and how we limit ourselves
- The persecutor, victim, savior dynamic
- Responsibility and personal empowerment
- The road to Self love/acceptance, remembering who you truly are
- Ayahuasca as a heart medicine, You are the healer and love is the medicine.
- Modern Shamanism, The legality of Ayahuasca and the growing interest of the West
- The future of Psychedelic Assisted Therapy
- Starting a career in psychedelic integration and start your own business support
- Cultural appropriation and sacred reciprocity
- Healing as sacred activism and stepping onto your higher path
- The integrity of a healer, Creating a safe healing container, our Code of Ethics
- Supervision and Self care for healers
- Toolbox of the facilitator and what makes an excellent guide



## Benefits of this training

This framework ensures a fast, practical and effective way to learn and gain the necessary knowledge, experience and confidence to support others.

The design of this Training facilitates the liberation of the individual from inner limitations that block the full expression of the self.

The group setting supports the preparation of the individuals to guide others in their psychedelic healing journey and to serve as an anchor and a safe container.

**BOOK A  
DISCOVERY CALL  
NOW!**

## When it's time for a breakthrough

A unique approach to healing tailored to each individual.

- Freedom from inner limitations, personal empowerment
- Learning through practical experience
- Deeper understanding of healing and integration work
- Gaining confidence, skills and experience to be an excellent integration facilitator
- Stepping into service and embracing your higher path
- Starting a new career in a rapidly growing field
- Being part of the psychedelic revolution, psychedelic breakthrough therapies
- Building community, the new generation of Healers
- Being the change you want to see in the world

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## Pricing & Payment options

Full price  
**22.000 USD**

- 300+ hrs of live Training
- 5 Week Immersion Retreat in Mexico with Medicine Ceremony
- Study groups and real case studies
- Training materials
- Code of Ethics and Standard of Practice
- Add on: Personal sessions with Nina with 50% discount

**Introductory price**  
only for the 2024 Training

**17.000 USD**

EARLY BIRD, full payment  
till 30 September 2023

**15.000 USD**

CLIENT DISCOUNT

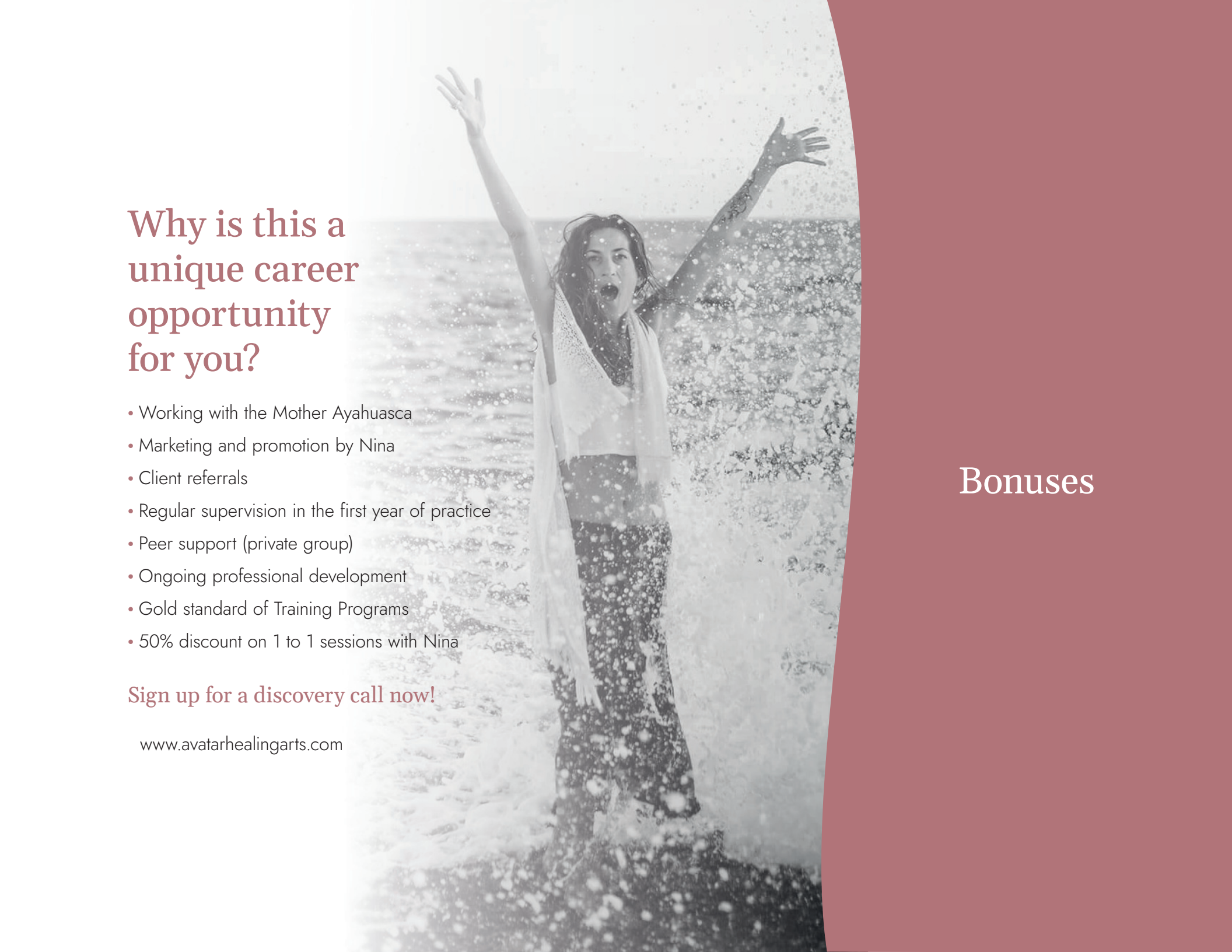
For individuals who previously completed their  
Ayahuasca Assisted Therapy Program with Nina.

**1.000 USD**

discount

Payment plan available!

**SIGN UP FOR A DISCOVERY CALL NOW!**



## Why is this a unique career opportunity for you?

- Working with the Mother Ayahuasca
- Marketing and promotion by Nina
- Client referrals
- Regular supervision in the first year of practice
- Peer support (private group)
- Ongoing professional development
- Gold standard of Training Programs
- 50% discount on 1 to 1 sessions with Nina

**Sign up for a discovery call now!**

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**Bonuses**